



Re: Cold Water/Air for BBCC Member

Due to persisting cold water and air temperatures through the early spring and late fall months, in an effort to maintain a safe environment, all coaches and athletes of The Balmy Beach Canoe Club are required to adhere to the following guidelines:

- All paddlers, despite their ability, must wear a PFD approved lifejacket from the start of spring training until at least May 1st, during the fall training period from November 1 onwards, and at all other times when the water/air temperature is below 8 degrees Celsius.
- All paddlers must be accompanied by a coach(es) and coach boat(s) when on the water.
- No paddler should be out of sight of a coach boat at any time.

This memo must be completed and signed by each paddler (and his/her parent/guardian if under 19 years of age) training on water during the spring and fall.

TO: THE BALMY BEACH CANOE CLUB

I am fully aware and understand the risks involved with paddling in cold water conditions. I understand that if I paddle without wearing a Government approved PFD, I do so at my own risk and I assume all the responsibility for my actions. I understand that if I capsize while not wearing a PFD, my safety is compromised.

In any case, I agree to comply with all applicable Coast Guard Regulations.

I hereby release the **BALMY BEACH CANOE CLUB**, its coaching staff, volunteers, directors and all related persons, groups and associations from any personal injury, death, property damage, expense and related loss, including loss of income that I or my next of kin may suffer as a result of my choice to not wear a PFD.

Date

Athlete (printed name)

Athlete signature

Date

Witness

Witness

SIGNATURE OF PARENT/GUARDIAN (IF UNDER 19):

Date

Parent or Guardian (printed name)

Signature of Parent or Guardian